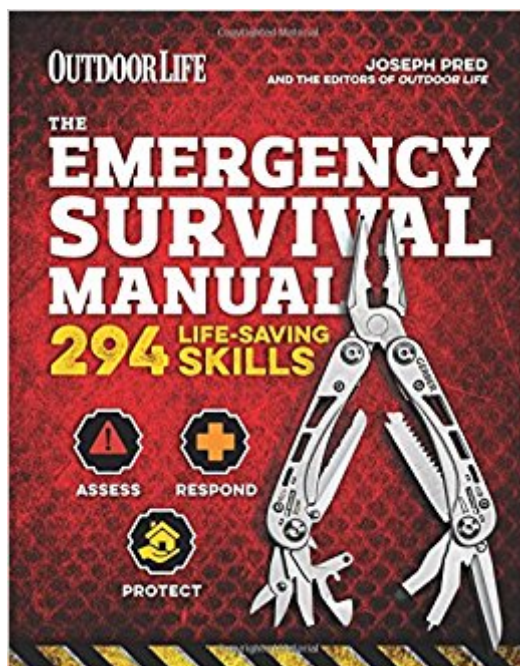


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# The Emergency Survival Manual (Outdoor Life)



## Synopsis

Assess. Respond. Protect. From break-ins to basement flooding to broken bones, in the *Emergency Survival Manual* you'll find everything you need to be prepared for any emergency that comes your way. Who's better suited to write a book about handling emergencies than an Emergency and Risk Management Consultant and the CEO of Mutual Aid Response Services (MARS). Joseph Pred is the go-to-guy for assessing and handling emergencies. When you combine his knowledge with that of the experts at *Outdoor Life* magazine what do you get? An epic book filled with lifesaving skills. This book also covers what to do before the first responders arrive or if they never do.

**Basic Tools & Skills:** Everything you need to know to assess and start handling an emergency. From stocking a first aid kit and treating burns, cuts and broken bones, to protecting yourself when using pepper spray and performing CPR.

**Home and Family Safety:** Protect your house and keep you and your family safe. Learn how to deal with a lost child, handle house fires, public transit scares, car accidents, and help a sick or hurt pet.

**Community Safety:** All the ways to help your neighbors and keep your community safe. From what to do if you see a house being broken into and dealing with school tragedies, to coping with a major natural disaster and handling a toxic spill and everything in between. When disaster strikes you want to be ready, and you can be with the *Emergency Survival Manual*. With high-quality design, intricate detail, and a durable flexicover this manual is the perfect gift!

## Book Information

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## Customer Reviews

Joseph Pred has been working in emergency response and management in various capacities since 1989. While focused on unusual risk and operational environments, such as festivals and events like Burning Man, Joseph's background includes emergency medical services, fire safety, law enforcement, communications, mental health, disaster preparedness, risk and emergency management. Joseph also contributes to various media and regularly speaks at conferences on matters of public safety, risk management, and temporary mass gatherings. "Outdoor Life" is "The Source for Hunting and Fishing Adventure." For over 110 years, "Outdoor Life" has provided hunting and shooting expertise to millions of avid sportsmen, and they have kept up with the times with frequent articles on the latest technology. Their readers' hands-on spirit is reflected in the magazine's comprehensive gear tests and personal adventure stories. Outdoor Life is "The Source for Hunting and Fishing Adventure." For over 110 years, Outdoor Life has provided hunting and shooting expertise to millions of avid sportsmen, and they have kept up with the times with frequent articles on the latest technology. Their readers' hands-on spirit is reflected in the magazine's comprehensive gear tests and personal adventure stories.

**TIP 164: KEEP YOUR HOME SECURE** "Each man's home is his safest refuge." This 17th-century English legal concept has been interpreted as meaning that you can exclude whomever you wish from your home. To deter criminals, you'll want more than the law on your side.

**BE ALARMED** Install a burglar alarm with a mix of sensor types, including motion, shock (to detect windows being broken), smoke, heat, and contact sensors.

**TAPE IT** Install security cameras that record to cloud storage so you'll have evidence if anything happens. You can even view your camera feeds via a smartphone app or Web page if you want to check in on your property remotely.

**TRICK THEM** You can buy phony alarm company stickers and even fake cameras (which come complete with red LED indicators). Burglars generally make a split-second decision as to whether a target is worth the trouble, so you really

**LIGHT THEM UP** Install a set of motion sensor lights or bright floodlights outside so that no one can hide in the shadows or sneak up to your house.

**PRETEND YOU'RE HOME** Install timers that turn lights, TVs, and radios on and then off at preprogrammed times to make it appear that you're home.

**LOCK UP** Don't make it easy; lock all doors and windows when you leave your home. Make sure all entrance doors have a deadbolt lock to better secure against intrusion.

**KEEP YOUR KEYS** Avoid hiding a key outside; if you do, don't hide it in a flowerpot or other obvious place a burglar might check. Consider asking a trusted neighbor to

hold duplicate keys for you instead. **BAR THE DOOR** If you have sliding glass doors or windows, install security bars or wooden dowels cut to fit into the tracks so that they can't be popped open. Add decorative reinforcement or kick plates to any entrance door to strengthen it. **WATCH OUT** Create or join a neighborhood watch program so that people in your neighborhood will help keep an eye on each other's property.

Great practical advise for living in an uncertain world. This book would benefit anyone and should be part of every homes library. Very readable in short sections with a easy on the eye layout. While some information will be for areas that don't involve everyone (not everyone lives in Tornado alley, or where there are hurricanes) the weather these days is changing and you never know. My state had a verified tornado appear in a residential area - a small tornado that did only structure damage - but the Pacific Northwest isn't known for tornadoes. The greater part of the book involves preparing for survival in an emergency - no power, no city services, etc and that applies to everyone! Highly recommended. Don't let it stress you out - just prepare as much as you can and you'll be able to take care of yourself in a disaster, and maybe even help others.

Great handbook for my 11 yr. old, he loves it.

Good overview of certain emergency situations, but needs some drill downs on certain aspects. It's always easy to say wait for emergency response type units, but what do you do if they don't arrive

Bought several of these manuals and enjoy reading them. There is quite a bit of good info in these manuals and at the price they are being offered for at this time how can you not pick up a couple for your kindle fire or computer/tablet.

I have about 15 books like this and this one is in the top 3,...easy to read and easy to understand.

Just what I was looking for. Full of information. A good companion to the other books by Outdoor Life.

Great addition to the library.

I simply cannot recommend this book enough. I have read at least 20 books on survival, bugging

out/in, and basically any book about teaching me what to do if SHTF. This is by far, the most useful and versatile book. If I could only take one of these with me, this would be the one. Anything you can think of is in this book. This book has everything from how to treat certain wounds, to the tools you should have, to how to get out of a skid, even tells you things you can do to help your community. This book is also littered with pictures and charts and it makes reading this not so boring. Overall I really enjoyed this book and would recommend to anyone, but especially to those who are interested in prepping. Thank you for taking the time to read my review. Please remember to vote below my review if it was helpful or not helpful. If you choose to vote my review unhelpful, please leave me a brief comment so I can improve my future reviews as they are important to fellow buyers like myself.

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